



Lauren Capkanis

laurencapkanis@gmail.com

646-784-0832

Height 5'5" • Weight 125 lbs

Brown Hair • Brown Eyes

FILM & TELEVISION

Monsters Inside Me	Koral (Supporting)	Optomen Productions
Summer Breeze	Rachel Mamet (Star)	Franzman/Kenny Films, Dir. Peter Horgan
Best Friend's Bite	Lizzy (Featured)	48 Hour Film Project
Man in Bomb Vest	Jenny (Co-Star)	MightyMaginations
Out of Touch	Quinn (Principal)	EIV TV 2012
Olive Kitteridge	Funeral Guest	HBO Miniseries

THEATER

Merciful Father	Rachel	UP Theater Company, Dir. James Bosley
Harper Regan	Sarah Regan	T. Schreiber Theatre, Dir. Terry Schreiber
Inside Himself	Kate	Midtown International Film Festival, Dir. Paul Navarra
Nothing Serious	Plaintiff	AlphaNYC Theater Company, Dir. Alice Camarota
The Ephemeral Lightness of Dreams	Maddie	Planet Connections Theatre Festivity, Dir. Marcus Yi
The Love of the Nightingale	Philomele	Jackie Liebergott Black Box Theatre, Dir. Sarah Hickler
The Learned Ladies	Philaminte	Emerson Stage, Dir. Benny Ambush
Becky Shaw	Suzanna	Emerson College, Dir. Marie Bookwalter

COMMERCIALS

Conflicts Available Upon Request

EDUCATION & TRAINING

Emerson College (BFA Acting 2014)

Scene Study	Terry Schreiber	T. Schreiber Studio
Scene Study	Suzanne Shepherd	Private Coaching
Monologue Method	The Actors Project NYC	Studios 150
On-Camera Technique	Larry K. Collis	AADA
Scene Study	Brenda B. Beck	AADA
Acting and Performance	Audrey Kaplan	Applause Theatrical Workshop
Scene Study	Stefanie Sertich	Stagedoor Manor

AWARDS

Best Actress - "Summer Breeze" (Massachusetts Independent Film Festival)

Acting Area Award - Outstanding Actress in the BFA Acting Community (Emerson College)

SKILLS

Alto Singer, Accents (New York, Southern, Manchester), Basic Spanish, Basic Guitar, Sketch Comedy (Emerson Comedy Workshop), Dance (Hip Hop, Jazz), Athletics (Volleyball, Track, Basketball, Swimming, Tennis, Ping Pong), Stage Makeup, Driver's License, Stilt Walking

***LaurenCapkanis.com**